

# Charity Challenge CUP Competition Schedule

**Saturday, March 23, 2019**

*All Competition is Modified Capital Cup Format*

## **Session One – 1**

All AAU Gymnast

9:00-9:15 General Stretch  
9:15-9:25 March In  
9:25-9:35 Timed Warm Ups  
9:35-12:00 Competition  
Individual and Team Awards to Follow

## **Session Two – 2**

USA Level 1,2,3 and Xcel Bronze

12:00-12:20 General Stretch  
12:20-12:30 March In  
12:30-12:40 Timed Warm Ups  
12:40-2:30 Competition  
Individual and Team Awards to follow

## **Session Three – 3**

USA Gymnastics Xcel Silver

2:30-2:50 General Stretch  
2:50-3:00 March In  
3:00-3:10 Timed Warm Ups  
3:10-5:00 Competition  
Individual and Team Awards to Follow

## **Session Four – 4**

All USA Level 5,6,7,8,9 Gymnasts

5:00-5:20 General Stretch  
5:20-5:30 March In  
5:30-5:40 Timed Warm Ups  
5:40-8:00 Competition  
Individual and Team Awards to Follow

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**Door Fees – Cash only**

**Adults \$15**

**Children (5-12yrs) \$10**

**Lee County Civic Center  
11831 Bayshore Rd. North  
Fort Myers, FL 33917**

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**Sunday, March 24, 2019**

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**Session Five - 5**

USA Gymnastics Xcel Gold Born between 3/12/2006 -12/31/2018

8:00-8:20      General Stretch  
8:20-8:30      March In  
8:30-8:40      Timed Warm Ups  
8:40-11:00     Competition  
                    Individual Awards to Follow

**Session Six - 6**

USA Gymnastics Xcel Gold born between 1/1/1999 – 3/11/2006  
All Level 4,5, Xcel Platnum

11:00-11:20    General Stretch  
11:20-11:30    March In  
11:30-11:40    Timed Warm Ups  
11:40-2:00     Competition  
                    Individual and Team Awards to follow

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