



6th Annual Charity Challenge Invite Competition Schedule

All Competition is Modified Capital Cup Format

AdventHealth Fieldhouse

210 Cypress Gardens Blvd., Winter Haven, FL 33880



Saturday, November 19, 2022

Session One – 1

USA Gymnastics Level 2 Gymnasts

8:00 – 8:15am General Stretch
8:15 – 8:35am March In/Timed Warm Up
8:35 – 10:30am Competition

Individual Awards Team Awards to follow

Session Two – 2

USA Gymnastics Level 3 Gymnasts

10:30 – 10:45am General Stretch
10:45 – 11:05am March In/Timed Warm Up
11:05am – 1:15pm Competition

Individual and Team Awards to Follow

Session Three – 3

USA Gymnastics Level 1 Gymnasts

USA Gymnastics Xcel Bronze

1:15 – 1:30pm General Stretch
1:30 – 1:50pm March In/Timed Warm Up
1:50 – 3:15pm Competition

Individual and Team Awards to Follow

Session Four – 4

USA Gymnastics Level 5 Gymnasts

USA Gymnastics Xcel Silver

3:15 – 3:30pm General Stretch
3:30 – 3:50pm March In/Timed Warm Up
3:50 – 5:45pm Competition

Individual and Team Awards to Follow

Saturday, November 19, 2022

Session Five – 5

USA Gymnastics

Level 6, 7, 8

Xcel Gold, Xcel Platinum, Xcel Diamond

5:45 – 6:00pm General Stretch
6:00 – 6:20pm March In/Timed Warm Up
6:20 – 8:30pm Competition

Individual and Team Awards to Follow

Sunday, November 20, 2022

Session Six – 6

USA Gymnastics Level 4

9:00 – 9:15am General Stretch
9:15 – 9:35am March In/Timed Warm Up
9:35 – 11:45am Competition

Individual Awards Team Awards to follow

Door Fees:

Adult \$20

Child \$10 (5-17)