



2024 Charity Challenge Invite Competition Schedule
Wiregrass Ranch Sports Campus, 3021 Sports Coast Way, Wesley Chapel, FL 33543



Saturday, November 16, 2024

Modified Capital Cup Format

Session One

**ALL USA Gymnastics Level 1 Gymnasts
ALL USA Gymnastics Xcel Bronze Gymnasts**

8:00-8:15am General Stretch
8:15-8:35am March In/Timed Warmups
8:35-10:00am Competition

Individual Awards and Team Awards to follow

Session Two

**USA Gymnastics Level 2 Gymnasts
from the following teams:**

*Balance, Gina's, International, Sarasota, Suncoast,
Trousdel, Victory Elite*

ALL USA Gymnastics Xcel Silver Gymnasts

10:00-10:15am General Stretch
10:15 -10:35am March In/Timed Warmups
10:35am-12:00pm Competition

Individual Awards and Team Awards to follow

Session Three

**USA Gymnastics Level 2 Gymnasts
from the following teams:**

*Angels, FGTC, Gymnastic World, North Port,
Top Contenders, Tumblebees Jupiter, WGV*

12:00-12:15pm General Stretch
12:15-12:35pm March In/Timed Warmups
12:35-2:30pm Competition

Individual Awards and Team Awards to follow

Session Four

**USA Gymnastics Level 4 Gymnasts
from the following teams:**

*Angels, Coast Elite, FGTC, Future Flipz, Gym World,
International, SportsRock, Suncoast, Top Contenders,
Victory Elite, WGV*

2:30-2:45pm General Stretch
2:45-3:05pm March In/Timed Warmups
3:05-5:30pm Competition

Individual Awards and Team Awards to follow

Session Five

**USA Gymnastics Level 4 Gymnasts
from the following teams:**

Balance, Harbor City, North Port, Trousdel
ALL USA Gymnastics Level 5, 6, 7, 8
ALL USA Gymnastics Xcel Gold, Platinum
Gymnasts

5:30-5:45pm General Stretch
5:45-6:05pm March In/Timed Warmups
6:05-8:30pm Competition

Individual Awards and Team Awards to follow



Sunday, November 17, 2024

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Session Six

**USA Level 3 Gymnasts
from the following teams:**

*Balance, Coast Elite, FGTC, Gina's, Gymnastic World,
International, North Port, Trousdel,
Tumblebees Jupiter, Victory Elite*

9:00-9:15am General Stretch
9:15-9:35am March In/Timed Warmups
9:35-11:30am Competition

Individual Awards and Team Awards to follow

Session Seven

**USA Level 3 Gymnasts
from the following teams:**

*Angels, Future Flipz, Harbor City, Sarasota,
SportsRock, Suncoast, Top Contenders, WGV*

11:30-11:45am General Stretch
11:45-12:00pm March In/Timed Warmups
12:00pm-2:00pm Competition

Individual Awards and Team Awards to follow

Door Fees – Adults \$20 Children (5-17yrs) \$15 Children 4 and under Free