

2025 Fall Gasparilla Invitational Competition Schedule

Advent Health Fieldhouse, 210 Cypress Gardens Blvd., Winter Haven, FL

Saturday, October 18, 2025

Modified Capital Cup Format

Session One (1)

ALL USA Gymnastics Level 1 Gymnasts

ACE Suncoast
Balance Top Contenders
Brandy Johnson's Tumblebees
Nova – Davie Victory Elite

ALL USA Gymnastics Xcel Bronze Gymnasts

ACE Titanium

North Port Top Contenders

8:00-8:15am General Stretch

8:15-8:35am March In/Timed Warm Ups

8:35-10:30am Competition

Individual Awards and Team Awards to follow

Session Two (2)

ALL USA Gymnastics Level 3 Gymnasts from the following teams:

Balance Top Contenders
MGA Trousdell
Nova - Davie Tumblebees

ALL USA Gymnastics Xcel Silver Gymnasts

LaFleur's LargoTitaniumNorth PortTop Contenders

10:30-10:45am General Stretch

10:45-11:05am March In/Timed Warm Ups

11:05am -1:15pm Competition

Individual Awards and Team Awards to follow

Session Three (3)

USA Gymnastics Level 2 Gymnasts from the following teams:

ACE Suncoast
LaFleur's Largo Top Contenders
North Port Tumblebees

Nova - Davie

1:15-1:30pm General Stretch

1:30-1:50pm March In/Timed Warm Ups

1:50-3:30pm Competition

Individual Awards and Team Awards to follow

Session Four (4)

USA Gymnastics Level 2 Gymnasts from the following teams:

Angels Tumbleweeds
Brandy Johnson's United Gym Academy
Future Flipz Victory Elite
Trousdell WGV

3:30-3:45pm General Stretch

3:45-4:05pm March In/Timed Warm Ups

4:05-5:45pm Competition

Individual Awards and Team Awards to follow

Session Five (5)

ALL USA Level 5

Brandy Johnson's Trousdell
Gulf Coast Elite United Gym Academy
Suncoast Victory Elite

ALL USA Xcel Gold

Motions Unlimited, Titanium

ALL USA Xcel Platinum

Titanium

5:45-6:00pm General Stretch

6:00-6:20pm March In/Timed Warm Ups

6:20-8:30pm Competition

Individual Awards and Team Awards to follow







2025 Fall Gasparilla Invitational Competition Schedule

Advent Health Fieldhouse, 210 Cypress Gardens Blvd., Winter Haven, FL

Sunday, October 19, 2025

Modified Capital Cup Format

Session Six (6)

USA Gymnastics Level 4 Gymnasts from the following teams:

Balance North Port
Brandy Johnson's Suncoast
Florida Flips Trousdell
Gulf Coast Elite Tumblebees
Nova - Davie Victory Elite (9)

8:00-8:15am General Stretch

8:15-8:35am March In/Timed Warm Ups

8:35-10:45am Competition

Individual Awards and Team Awards to follow

Session Seven (7)

USA Gymnastics Level 4 Gymnasts from the following teams:

ACE SportsRock
Angels Tumbleweeds
Future Flipz United Gym Academy
Harbor City Victory Elite (9)
LaFleur's Largo WGV

10:45 -11:00am General Stretch

11:00 -11:20am March In/Timed Warm Ups

11:20am -1:30pm Competition

Individual Awards and Team Awards to follow

Session Eight (8)

USA Gymnastics Level 3 Gymnasts from the following teams:

Future Flipz

Gulf Coast Elite
Harbor City
North Port
SportsRock

Suncoast
Tumbleweeds
Victory Elite
WGV

1:30-1:45pm General Stretch

1:45-2:05pm March In/Timed Warm Ups

2:05-4:15pm Competition

Individual Awards and Team Awards to follow

Session Nine (9)

USA Gymnastics Level 3 Gymnasts from the following teams:

ACE LaFleur's Largo Angels United Gym Academy

Brandy Johnson's

4:15-4:35pm General Stretch

4:35-4:55pm March In/Timed Warm Ups

4:55-7:00pm Competition

Individual Awards and Team Awards to follow



