



37th Annual Florida Strong Gasparilla Classic
February 21-23, 2025



GYM A RED - Friday, February 21, 2025
Modified Capital Cup – Women
Doors Open at 7:00am

<p><i>Session A1</i></p> <p>USA Women Level 6 Stretch/Warm-up 8:00am</p> <p>Flip Zone SWFL Gold Medal Centereach Gymnastics Academy of Atlanta Mid Island Premier Athletics The Flip Zone – IN VIGS</p>	<p><i>Session A2</i></p> <p>USA Women Level 7 Stretch/Warm-up 11:30am</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;"> <p>ACE – MA Aguilas de Kids Center Flip Gym Barbados Flip Zone SWFL Gym Michiana Gym Mississauga Gymnastics Academy of Atlanta Midwest Training</p> </td> <td style="width: 50%;"> <p>Nova – Davie Park Avenue Peak Athletics Rockwall St. Louis Spirits Stick It The Flip Zone – IN VIGS US Gold – TX</p> </td> </tr> </table>	<p>ACE – MA Aguilas de Kids Center Flip Gym Barbados Flip Zone SWFL Gym Michiana Gym Mississauga Gymnastics Academy of Atlanta Midwest Training</p>	<p>Nova – Davie Park Avenue Peak Athletics Rockwall St. Louis Spirits Stick It The Flip Zone – IN VIGS US Gold – TX</p>
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<p><i>Session A5</i></p> <p>USA Women Level 6 Stretch/Warm-up 8:00am</p> <p>All Around GBC Gotham Hartland Mountain West Orchard Park Gymsters Park Avenue ProGym Mexico Scarborough Triumph WGV</p>	<p><i>Session A6</i></p> <p>USA Women Level 7 Stretch/Warm-up 11:30am</p> <table border="0"> <tr> <td>Active – CO</td> <td>Seaside</td> </tr> <tr> <td>All Around</td> <td>Suncoast</td> </tr> <tr> <td>Atlantic</td> <td>Tampa Gymnastics</td> </tr> <tr> <td>Gotham</td> <td>TGR</td> </tr> <tr> <td>Grand Rapids</td> <td>Top Contenders</td> </tr> <tr> <td>Gym Force</td> <td>Toronto Gymnastics</td> </tr> <tr> <td>Hartland</td> <td>Triumph</td> </tr> <tr> <td>Mid Island</td> <td>US Gold – FL</td> </tr> <tr> <td>North Port</td> <td>Ultimate – SC</td> </tr> <tr> <td>Reflex</td> <td>WGV</td> </tr> </table>	Active – CO	Seaside	All Around	Suncoast	Atlantic	Tampa Gymnastics	Gotham	TGR	Grand Rapids	Top Contenders	Gym Force	Toronto Gymnastics	Hartland	Triumph	Mid Island	US Gold – FL	North Port	Ultimate – SC	Reflex	WGV
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<i>Session A9</i>		<i>Session A10</i>	
USA Women Level 6 and Level 7 Stretch/Warm-up 8:00am		USA Women Level 6 and Level 7 Stretch/Warm-up 11:30am	
<u>Level 6</u> Bay City Edgewater EGA – FL Golden City Gymnastic World Rising Stars Southern Starz Top Contenders Tumblebees Jupiter	<u>Level 7</u> Bay City Edgewater Mountain West Rising Stars Starlight Stars – CO Tumblebees Jupiter	<u>Level 6</u> Central Vermont Future Flipz International Miami Legacy - FL Maximum Velocity MGA NTS Suncoast	<u>Level 7</u> EGA – FL Future Flipz International Miami International Gold Maximum Velocity Midwest Elite MGA NTS Naples Progressive

<i>Session A11</i>	
USA Women Level 6 Stretch/Warm-up 3:00pm	
<u>Level 6</u> ACE – FL Coastal Dreams Flight Midwest Elite Nova Athletics Orlando Gymnastics Starlight TNT Jax	<u>Level 7</u> ACE -FL Coastal Dreams Flight Golden City Gymnastic World Legacy – FL Orlando Gymnastics TNT Jax

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<i>Session B7</i>	<i>Session B8</i>
USA Women Level 10 Stretch/Warm-up 3:00pm	USA Women Level 9 Stretch/Warm-up 6:30pm
EGA – FL Golden City Gotham Midwest Elite Missouri Elite Missouri Valley Mountain West Roswell Seaside US Gold - FL US Gold – TX World Class	Cherry Hill EGA – FL Golden City Gotham Great Lakes Elite Mountain West Roswell US Gold – TX Western Mass

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<p><i>Session B11</i></p> <p>USA Women Xcel Gold Stretch/Warm-up 2:30pm</p> <p style="text-align: center;">Balance Elite World Ft. Lauderdale Stars Reflex Gyminators Maximum Velocity MGA North Port Rising Stars Southern Starz SportsRock Top Contenders</p>
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<i>Session C1</i>	<i>Session C2</i>								
<p>USA Women Xcel Platinum Stretch/Warm-up 8:00am</p> <p>Bay City Golden City Great Lakes Elite GTC Rochester Hartland LaFleur's Largo Legacy – CO Libertyville Toronto Gymnastics</p>	<p>USA Women Xcel Platinum, Xcel Diamond, Xcel Sapphire Stretch/Warm-up 11:30am</p> <table border="1"> <thead> <tr> <th data-bbox="612 569 914 602"><u>Xcel Platinum</u></th> <th data-bbox="917 569 1219 602"><u>Xcel Diamond</u></th> <th data-bbox="1222 569 1524 602"><u>Xcel Sapphire</u></th> </tr> </thead> <tbody> <tr> <td data-bbox="612 606 914 871"> GBC Lake Forest MEKS Reflex Strive Titanium WGV </td> <td data-bbox="917 606 1219 871"> Falcon Toronto Gymnastics Triumph Waterford Western Mass </td> <td data-bbox="1222 606 1524 871"> Falcon GBC Naples Progressive Toronto Gymnastics Triumph Western Mass </td> </tr> </tbody> </table>			<u>Xcel Platinum</u>	<u>Xcel Diamond</u>	<u>Xcel Sapphire</u>	GBC Lake Forest MEKS Reflex Strive Titanium WGV	Falcon Toronto Gymnastics Triumph Waterford Western Mass	Falcon GBC Naples Progressive Toronto Gymnastics Triumph Western Mass
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<u>Xcel Platinum</u> 20 Mile – CO Dakota Gold Falcon First City Flyaways North Grand Rapids Green Mountain Gulf Coast Elite Hollywood YMCA Integrity Fayette Niagara Northern Lights North Port Swiss Turners	<u>Xcel Diamond</u> 20 Mile – CO Dakota Gold Integrity Fayette Niagara North Port	Beaches Cherry Hill Midwest Elite Missouri Valley Mountain West Parkettes Roseville Roswell	
<i>Session C7</i> USA Women Xcel Diamond & Xcel Sapphire Stretch/Warm-up 3:00pm		<i>Session C8</i> USA Women Level 6 and Xcel Platinum Stretch/Warm-up 6:30pm	
<u>Xcel Diamond</u> Aerials – PA All Around Apollo Beaches Islands YMCA KPAC Lakewood Ranch Oak City Rising Starz TGR	<u>Xcel Sapphire</u> Aerials – PA Grand Rapids KPAC Midwest Elite Nova Athletics Oak City	<u>Level 6</u> Biondi Capitol City EVO Gym Like This International Panama Islands YMCA Missouri Elite	<u>Xcel Platinum</u> Aerials – PA Biondi Capitol City International Gold Park Avenue RAD Southern Starz Ultimate – SC

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<i>Session C11</i> USA Women Xcel Platinum Stretch/Warm-up 2:00pm All Around Apollo Balcony Gym Like This Lakewood Ranch Nova – Davie Tumblebees Jupiter	<i>Session C12</i> USA Women Xcel Gold Stretch/Warm-up 5:15pm Coastal Dreams Gym Like This Lakewood Ranch Nova Athletics Nova – Davie Orlando Gymnastics Tumblebees Jupiter
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<p><i>Session D3</i> USA Women Xcel Gold Stretch/Warm-up 3:00pm</p> <p>Apollo (12) Dakota Gold Golden City Greenville GTC Rochester GBC Island Dance Level Up Rockwall Scarborough</p>	<p><i>Session D4</i> USA Women Xcel Gold and Xcel Platinum Stretch/Warm-up 6:30pm</p> <table border="1"> <tr> <td data-bbox="829 1108 1159 1413"> <p><u>Xcel Gold</u> Hartland Legacy – FL Sarasota Sunny Swiss Turners YMCA Bob Sierra Zanesville</p> </td> <td data-bbox="1159 1108 1489 1413"> <p><u>Xcel Platinum</u> Seaside Sunny Tampa Gymnastics Waterford YMCA Bob Sierra Zanesville</p> </td> </tr> </table>	<p><u>Xcel Gold</u> Hartland Legacy – FL Sarasota Sunny Swiss Turners YMCA Bob Sierra Zanesville</p>	<p><u>Xcel Platinum</u> Seaside Sunny Tampa Gymnastics Waterford YMCA Bob Sierra Zanesville</p>
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GYM D YELLOW – Saturday, February 22, 2025
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<p><i>Session D5</i> USA Women Xcel Gold Stretch/Warm-up 8:00am</p> <p>Bay City Capitol City Flip Zone SWFL Great Lakes Elite Gymnastic World LaFleur's Largo NTS Upward World Class</p>	<p><i>Session D6</i> USA Women Xcel Gold & Xcel Platinum Stretch/Warm-up 11:30am</p> <table border="1"> <tr> <td style="text-align: center;"> <p><u>Xcel Gold</u> Apollo (17) Falcon Hollywood YMCA KPAC Oak City Rising Starz Tate's TAG - TN</p> </td> <td style="text-align: center;"> <p><u>Xcel Platinum</u> CATS Wellington EGA – FL Gaby's Gymnastics Islands YMCA Midwest Elite Motions Unlimited Oak City Rising Starz Tate's</p> </td> </tr> </table>	<p><u>Xcel Gold</u> Apollo (17) Falcon Hollywood YMCA KPAC Oak City Rising Starz Tate's TAG - TN</p>	<p><u>Xcel Platinum</u> CATS Wellington EGA – FL Gaby's Gymnastics Islands YMCA Midwest Elite Motions Unlimited Oak City Rising Starz Tate's</p>
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<p><i>Session D7</i> USA Women Level 8 and Xcel Gold Stretch/Warm-up 3:00pm</p> <table border="1"> <tr> <td style="text-align: center;"> <p><u>Level 8</u> Capitol City Dakota Gold Federacion Salvadorena First City Flyaways North Gymnastic World Motions Unlimited Park Avenue ProGym Mexico Shining Light Tampa Gymnastics Top Contenders Western Mass Zanesville</p> </td> <td style="text-align: center;"> <p><u>Xcel Gold</u> CATS Wellington EVO Gold Medal – TX Integrity Fayette Midwest Elite TBT Ultimate - SC</p> </td> </tr> </table>	<p><u>Level 8</u> Capitol City Dakota Gold Federacion Salvadorena First City Flyaways North Gymnastic World Motions Unlimited Park Avenue ProGym Mexico Shining Light Tampa Gymnastics Top Contenders Western Mass Zanesville</p>	<p><u>Xcel Gold</u> CATS Wellington EVO Gold Medal – TX Integrity Fayette Midwest Elite TBT Ultimate - SC</p>	<p><i>Session D8</i> USA Women Xcel Gold Stretch/Warm-up 6:30pm</p> <p>All Around EGA – FL First City Flyaways North Motions Unlimited Niagara Toronto Gymnastics WGV</p>
<p><u>Level 8</u> Capitol City Dakota Gold Federacion Salvadorena First City Flyaways North Gymnastic World Motions Unlimited Park Avenue ProGym Mexico Shining Light Tampa Gymnastics Top Contenders Western Mass Zanesville</p>	<p><u>Xcel Gold</u> CATS Wellington EVO Gold Medal – TX Integrity Fayette Midwest Elite TBT Ultimate - SC</p>		

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<p><i>Session D9</i> AAU Women Xcel Silver Stretch/Warm-up 7:30am</p> <p>ABGA East Pasco EGA – FL Flipstar Gina's Gold Coast SportsRock World Class</p>	<p><i>Session D10</i> AAU Women Level 3 Stretch/Warm-up 10:00am</p> <p>Ft. Lauderdale Stars Galactic Jubilee LaFleur's Tampa MMATC Rising Stars Tampa Gymnastics</p>	<p><i>Session D11</i> AAU Women Level 4, Level 5, Level 6, Level 7 AAU Women Xcel Gold Stretch/Warm-up 12:45pm</p> <table border="1" style="width: 100%;"> <tr> <td style="text-align: center;"><u>AAU Level 4</u> Galactic Jubilee MMATC Precision South</td> <td style="text-align: center;"><u>AAU Level 5</u> Galactic MMATC</td> </tr> </table> <table border="1" style="width: 100%;"> <tr> <td style="text-align: center;"><u>AAU Level 6</u> Galactic Gold Coast Jubilee MMATC TNT Wellington</td> <td style="text-align: center;"><u>AAU Level 7</u> Gold Coast</td> <td style="text-align: center;"><u>AAU Xcel Gold</u> Bay City Ft. Lauderdale Stars Gold Coast TNT Wellington</td> </tr> </table>		<u>AAU Level 4</u> Galactic Jubilee MMATC Precision South	<u>AAU Level 5</u> Galactic MMATC	<u>AAU Level 6</u> Galactic Gold Coast Jubilee MMATC TNT Wellington	<u>AAU Level 7</u> Gold Coast	<u>AAU Xcel Gold</u> Bay City Ft. Lauderdale Stars Gold Coast TNT Wellington
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<u>AAU Level 6</u> Galactic Gold Coast Jubilee MMATC TNT Wellington	<u>AAU Level 7</u> Gold Coast	<u>AAU Xcel Gold</u> Bay City Ft. Lauderdale Stars Gold Coast TNT Wellington						

<p><i>Session D12</i> AAU Women Xcel Gold, Xcel Platinum Xcel Diamond, Xcel Sapphire AAU Women Ladies Xcel Silver, Xcel Gold, Xcel Platinum, Xcel Diamond Stretch/Warm-up 3:30pm</p> <table border="1" style="width: 100%;"> <tr> <td style="text-align: center;"><u>AAU XG</u> ABGA Flipstar GTFL World Class</td> <td style="text-align: center;"><u>AAU XP</u> ABGA East Pasco Flipstar Gina's GTFL Horizon Tumble USA World Class</td> <td style="text-align: center;"><u>AAU XD</u> GTFL Horizon</td> <td style="text-align: center;"><u>AAU XSA</u> Horizon</td> </tr> </table> <table border="1" style="width: 100%;"> <tr> <td style="text-align: center;"><u>AAU Ladies XS</u> Flip Flop Rising Stars</td> <td style="text-align: center;"><u>AAU Ladies XG</u> Bayside Flip Flop Flipstar</td> <td style="text-align: center;"><u>AAU Ladies XP</u> Upward</td> <td style="text-align: center;"><u>AAU Ladies XD</u> East Pasco Flip Flop</td> </tr> </table>				<u>AAU XG</u> ABGA Flipstar GTFL World Class	<u>AAU XP</u> ABGA East Pasco Flipstar Gina's GTFL Horizon Tumble USA World Class	<u>AAU XD</u> GTFL Horizon	<u>AAU XSA</u> Horizon	<u>AAU Ladies XS</u> Flip Flop Rising Stars	<u>AAU Ladies XG</u> Bayside Flip Flop Flipstar	<u>AAU Ladies XP</u> Upward	<u>AAU Ladies XD</u> East Pasco Flip Flop	<p><i>Session D13</i> AAU Women Xcel Gold Stretch/Warm-up 6:15pm</p> <p>Bayside East Pasco Gina's Jubilee LaFleur's Largo Tampa Gymnastics Tumble USA</p>
<u>AAU XG</u> ABGA Flipstar GTFL World Class	<u>AAU XP</u> ABGA East Pasco Flipstar Gina's GTFL Horizon Tumble USA World Class	<u>AAU XD</u> GTFL Horizon	<u>AAU XSA</u> Horizon									
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GYM E PURPLE - Friday, February 21, 2025
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<p><i>Session E1</i></p> <p>USA Women Xcel Silver Stretch/Warm-up 8:00am</p> <p>20 Mile - CO Dakota Gold GBC Hartland Lake Forest Scarborough US Gold – FL Ultimate - SC World Class</p>	<p><i>Session E2</i></p> <p>USA Women Level 2 & Xcel Bronze Stretch/Warm-up 10:45am</p> <table border="1" style="width: 100%;"> <tr> <td style="text-align: center;"> <p><u>Level 2</u> Club Roll & Twist Federacion Salvadorena GYMFINITY Midwest Training YMCA Bob Sierra</p> </td> <td style="text-align: center;"> <p><u>Xcel Bronze</u> Dakota Gold GBC Legacy – FL (16) Libertyville Rockwall Scarborough Sunny World Class</p> </td> </tr> </table>	<p><u>Level 2</u> Club Roll & Twist Federacion Salvadorena GYMFINITY Midwest Training YMCA Bob Sierra</p>	<p><u>Xcel Bronze</u> Dakota Gold GBC Legacy – FL (16) Libertyville Rockwall Scarborough Sunny World Class</p>
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<p><i>Session E3</i></p> <p>USA Women Xcel Silver Stretch/Warm-up 1:15pm</p> <p>Alpha – OK Green Mountain Legacy – FL (17) Libertyville Park Avenue Sarasota Swiss Turners Sunny TBT Temple Terrace</p>	<p><i>Session E4</i></p> <p>USA Women Xcel Bronze Stretch/Warm-up 3:45pm</p> <p>Gulf Coast Elite LaFleur’s Largo Lake Forest Orlando Gymnastics Temple Terrace Titanium Triumph</p>	<p><i>Session E5</i></p> <p>USA Women Xcel Silver Stretch/Warm-up 6:30pm</p> <p>Great Lakes Elite GTC Rochester Gym Force Millers Orlando Gymnastics Strive Titanium Triumph Waterford</p>
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<p><i>Session E6</i></p> <p>USA Women Xcel Silver Stretch/Warm-up 8:00am</p> <p>Dream Big Edgewater Flip Zone SWFL (20) Integrity Fayette Legacy – FL (11) Motions Unlimited Northern Lights Southern Starz Tate's Toronto Gymnastics YMCA Bob Sierra</p>	<p><i>Session E7</i></p> <p>USA Women Xcel Bronze Stretch/Warm-up 10:45am</p> <p>Beaches Gold Medal – TX Legacy – FL (15) Suncoast TBT Ultimate – SC YMCA Bob Sierra</p>
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<p><i>Session E8</i></p> <p>USA Women Level 3 Xcel Silver Stretch/Warm-up 1:15pm</p> <table border="1" style="width: 100%;"> <tr> <td style="text-align: center;"> <p><u>Level 3</u></p> <p>Green Mountain International Miami International Panama Midwest Elite Mid Island Northern Lights Scarborough SportsRock Tumblebees Jupiter</p> </td> <td style="text-align: center;"> <p><u>Xcel Silver</u></p> <p>Biondi Flip Zone SWFL (12) Gulf Coast Elite Suncoast WGV Upward</p> </td> </tr> </table>	<p><u>Level 3</u></p> <p>Green Mountain International Miami International Panama Midwest Elite Mid Island Northern Lights Scarborough SportsRock Tumblebees Jupiter</p>	<p><u>Xcel Silver</u></p> <p>Biondi Flip Zone SWFL (12) Gulf Coast Elite Suncoast WGV Upward</p>	<p><i>Session E9</i></p> <p>USA Women Xcel Bronze Stretch/Warm-up 3:45pm</p> <p>Edgewater Falcon Flip Zone SWFL Golden City Gym Force Maximum Velocity Nova Athletics Top Contenders</p>	<p><i>Session E10</i></p> <p>USA Women Xcel Silver Stretch/Warm-up 6:15pm</p> <p>Falcon Gymnastic World Lakewood Ranch Maximum Velocity MGA Midwest Elite Oak City Top Contenders</p>
<p><u>Level 3</u></p> <p>Green Mountain International Miami International Panama Midwest Elite Mid Island Northern Lights Scarborough SportsRock Tumblebees Jupiter</p>	<p><u>Xcel Silver</u></p> <p>Biondi Flip Zone SWFL (12) Gulf Coast Elite Suncoast WGV Upward</p>			

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<p><i>Session E11</i> USA Women Xcel Silver Stretch/Warm-up 8:00am</p> <p>All Around Apollo Balance Gymnators North Port Nova – Davie</p>	<p><i>Session E12</i> USA Women Xcel Bronze Stretch/Warm-up 10:45am</p> <p>Action Apollo Balance Coastal Dreams Dream Big Hollywood YMCA Lakewood Ranch Nova – Davie Tumblebees Jupiter</p>
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<p><i>Session E13</i> USA Women Xcel Silver Stretch/Warm-up 1:15pm</p> <p>Bay City Coast Elite Coastal Dreams EVO Hollywood YMCA Nova Athletics RAD (10)</p>	<p><i>Session E14</i> USA Women Xcel Bronze Stretch/Warm-up 3:45pm</p> <p>EGA – FL EVO RAD TGR</p>	<p><i>Session E15</i> USA Women Xcel Silver Stretch/Warm-up 6:00pm</p> <p>Beaches EGA - FL Elite World Golden City RAD (17) TGR</p>
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<i>Session F1</i>		<i>Session F2</i>	<i>Session F3</i>
USA Women Level 1 and Level 2 Stretch/Warm-up 8:00am		USA Women Level 3 Stretch/Warm-up 10:30am	USA Women Level 3 Stretch/Warm-up 1:15pm
<u>Level 1</u> Club Roll & Twist Federacion Salvadorena Gimnastika Vasilieva Level Up Park Avenue	<u>Level 2</u> Aguilas de Kids Center Gimnastika Vasilieva Golden City Gotham Gym Mississauga Island Dance Level Up North Port Park Avenue	Aguilas de Kids Center Alpha – OK Gimnastika Vasilieva Golden City Gotham Great Lakes Elite Gym Mississauga Island Dance Level Up Libertyville North Port Park Avenue Zanesville	Club Roll & Twist Federacion Salvadorena GTC Rochester GBC Hartland Lake Forest Midwest Training Orchard Park Gymsters ProGym Mexico Toronto Gymnastics YMCA Bob Sierra

<i>Session F4</i>	<i>Session F5</i>	
USA Women Level 4 Stretch/Warm-up 4:00pm	USA Women Level 4 and Level 5 Stretch/Warm-up 6:45pm	
Alpha – OK Federacion Salvadorena GTC Rochester Midwest Training North Port Park Avenue Strive Toronto Gymnastics VIGS	<u>Level 4</u> ACE – MA Aguilas Kids Center Club Roll & Twist Flip Gym Barbados Gimnasia Tumble Queretaro Gimnastika Vasilieva Gold Medal Centereach Gym Mississauga GYMFINTY Libertyville Orchard Park Gymsters Zanesville	<u>Level 5</u> Aguilas de Kids Center Club Roll & Twist Gimnastika Vasilieva GTC Rochester Gym Michiana Midwest Training Toronto Gymnastics

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<i>Session F6</i>		<i>Session F7</i>	<i>Session F8</i>
USA Women Level 1 and Level 2		USA Women Level 3	USA Women Level 4
Stretch/Warm-up 8:00am		Stretch/Warm-up 10:30am	Stretch/Warm-up 1:15pm
Level 1	Level 2		
Coastal Dreams GYMFINITY International Miami International Panama Nova – Davie Palm Beach Sarasota	Coastal Dreams Gold Medal – TX Gold Medal Huntington International Miami International Panama Motions Unlimited Mountain West Nova – Davie Palm Beach Sarasota Zanesville	Capitol City Coast Elite Gold Medal – TX Gold Medal Huntington Gym Michiana GYMFINITY Motions Unlimited Mountain West Niagara Nova – Davie Palm Beach Sarasota	Coast Elite GBC Gold Medal Huntington Gold Medal – TX Gotham Gym Michiana Naples Progressive Niagara Nova – Davie Palm Beach US Gold – TX Western Mass

<i>Session F9</i>		<i>Session F10</i>	
USA Women Level 4 and Level 5		USA Women USA Level 4 and Level 5	
Stretch/Warm-up 4:00pm		Stretch/Warm-up 6:45pm	
Level 4	Level 5	Level 4	Level 5
Great Lakes Elite Green Mountain Hartland Legacy - FL Mid Island Midwest Elite Northern Lights Scarborough TBT TNT Wellington Tumblebees Jupiter	Great Lakes Elite Midwest Elite Northern Lights ProGym Mexico TNT Wellington US Gold - TX	Central Vermont Golden City International Miami LaFleur's Tampa Mountain West MGA Rising Stars SportsRock Tampa Gymnastics	Gymnastic World International Miami MGA

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<i>Session F11</i> AAU Women Level 2 Stretch/Warm-up 7:30am CATS Wellington Ft. Lauderdale Stars Galactic Jubilee Precision South Tampa Gymnastics	<i>Session F12</i> AAU Women Level 1 and 2 AAU Women Xcel Copper and Xcel Bronze AAU Men 4 x 4 Stretch/Warm-up 10:15am		
	<u>AAU Level 1</u> ABGA CATS Wellington East Pasco Gina's TNT Wellington	<u>AAU Level 2</u> ABGA Gina's TNT Wellington Tumble USA	
	<u>AAU Xcel Copper</u> SportsRock	<u>AAU Xcel Bronze</u> Bayside EGA – FL (10) Flipstar Gold Coast Ultimate – FL World Class	<u>AAU Men 4 x 4</u> East Pasco

<i>Session F13</i> AAU Women Xcel Bronze Stretch/Warm-up 1:00pm East Pasco EGA – FL (28) LaFleur's Tampa SportsRock Upward	<i>Session F14</i> AAU Women Level 3 AAU Women Xcel Silver Stretch/Warm-up 3:30pm		<i>Session F15</i> AAU Women Xcel Silver Stretch/Warm-up 6:15pm Bayside Jubilee LaFleur's Tampa Reflex (30)
	<u>Level 3</u> CATS Wellington Gina's Naples Progressive TNT Wellington	<u>Xcel Silver</u> Bay City LaFleur's Largo Reflex (22) TNT Wellington Ultimate - FL	

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