



March Madness Gymnastics Invitational
March 21-22, 2026
Polk State College, 999 Ave H., N. E., Winter Haven, FL
Modified Traditional Format (Warm up/Compete)



Saturday, March 21, 2026	Sunday, March 22, 2026
<p><u>Session 1</u> USA Gymnastics Xcel Bronze <i>Elite World</i> <i>Lakewood Ranch (16)</i> <i>Nova Athletics Academy</i> <i>Titanium Gymnastics</i></p> <p>9:30am – 12:00pm Stretch/March In/Competition Individual and Team Awards to Follow</p>	<p><u>Session 5</u> USA Gymnastics Xcel Gold <i>Lakewood Ranch (11)</i> <i>Seaside Training Center</i> <i>Titanium Gymnastics</i></p> <p>9:00am – 12:00pm Stretch/March In/Competition Individual and Team Awards to Follow</p>
<p><u>Session 2</u> USA Gymnastics Xcel Silver <i>Elite World</i> <i>Lakewood Ranch (21)</i> <i>Nova Athletics Academy</i> <i>Titanium</i></p> <p>12:00 – 2:30pm Stretch/March In/Competition Individual and Team Awards to Follow</p>	<p><u>Session 6</u> USA Gymnastics Xcel Gold <i>Bay Area</i> <i>Elite World</i> <i>Lakewood Ranch (15)</i> <i>Nova Athletic Academy</i> <i>Suncoast Gymnastics</i></p> <p>12:00 – 3:00pm Stretch/March In/Competition Individual and Team Awards to Follow</p>
<p><u>Session 3</u> USA Gymnastics Xcel Bronze <i>Bay Area Gymnastics</i> <i>Lakewood Ranch Gymnastics (17)</i> <i>Seaside Training Center</i></p> <p>2:30 – 5:00pm Stretch/March In/Competition Individual and Team Awards to Follow</p>	<p><u>Session 7</u> USA Gymnastics Level 4, 5, 6 <i>Florida Flips</i> USA Gymnastics Xcel Platinum <i>Bay Area</i> <i>Nova Athletics Academy</i> <i>Suncoast Gymnastics</i></p> <p>3:00 – 5:30pm Stretch/March In/Competition Individual and Team Awards to Follow</p>
<p><u>Session 4</u> USA Gymnastics Xcel Silver <i>Bay Area</i> <i>Lakewood Ranch (18)</i> <i>Seaside Training Center</i> <i>Suncoast Gymnastics</i></p> <p>5:00 – 7:30pm Stretch/March In/Competition Individual and Team Awards to Follow</p>	

Door Fees: Adult \$20 Child \$15 (5-17)